

# The Cornwall Offshore Group Series

When Racing Demands a Little bit more...



## The Formation Marine GRP Gull Rock Manacles Race

Organised by  
Flushing Sailing Club

Sunday 29<sup>th</sup> May 2011

# SAILING INSTRUCTIONS

[www.cogsracing.org.uk](http://www.cogsracing.org.uk)  
email: [info@cogsracing.org.uk](mailto:info@cogsracing.org.uk)



Cornwall  
Ropes & Rigging



The Boathouse Riggers-uk  
Marine and Architectural Rigging



Bond Pearce



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- 1. Governing rules.** Racing shall be governed by the rules as defined in the Racing Rules of Sailing 2009-2012. The ISAF Offshore Special Regulations 2011-2012 for Category 4 races the prescriptions of the RYA, the COGS & FSC Notice of Race, the COGS & FSC entry forms as appropriate and all conditions therein.
- 2. Disclaimer of liability.** Competitors participating in FSC organised races do so entirely at their own risk. See RRS rule 4. The organising authority shall not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after the race. See also COGS - NOR.
- 3. Notices to competitors.** These will be posted as described on the Notice of Race
- 4. Changes to sailing instructions.** These will be posted on the club notice board outside the club as early as possible but at a minimum of 8.30am on 29<sup>th</sup> May.  
The Race Officer may also give verbal instructions on the water on VHF channel 72. International code flag "L" shall be flown on the flagpole at the start line on Pendennis Point and if possible will be flown on the FSC flag pole ashore to indicate a change in the Sailing Instructions.
- 5.1 Identification**
  - Code flag "Z". This flag shall be flown from the backstay or mainsail leach of all boats entered in the COGS race, the use of this flag to denote boats racing with COGS will supersede rule 30.2
  - Code flag "Q" This flag will denote the start of all IRC classes
  - Code flag "E" This flag will denote the start of all PY classes.
  - Code flag "U". FSC boats sailing PY in this class will start on code flag "E"
  - Code flag "F" This flag will denote the start of FSC Sports Boat class, boats sailing in this class will start on code flag "Q"
- 5.2 Registration** It is recommended that all competitors register their boat name and sail number with the race organisers on VHF channel 72 on the morning up to 20 minutes before the first warning signal
- 6. The racing area.** This will be off the Cornish coast an area between the Manacles buoy (50.02` .81 N 05.01` 92 W) an easterly cardinal buoy marking the Manacles reef, approach with care, and the Gull Rock (50.11` 70 N 04.54` 30 W ) The Whelps reef lies South Westerly of the rock approach with care Maenporth Buoy( at approximately 50.07` 50N 05.04` 80W ) Falmouth Bay, Carrick Roads and the inner harbour. Approach with care and use of charts is essential in this race.
- 7. The Course.** These will be selected from the following list of numbered courses. The course to be sailed will be signalled by the international code flag numeral pennant flown under the relevant class flag
  1. Manacles Buoy to port. Gull Rock to port club finish
  2. Gull Rock to starboard, Manacles Buoy to starboard club finish
  3. Maenporth Buoy to port, Manacles Buoy to port club finish
  4. Manacles Buoy to starboard, Maenporth Buoy to starboard club finish
  5. Maenporth Buoy to port Gull Rock to port club finish

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6. Gull Rock to starboard Maenporth Buoy to starboard club finish

## 8. The start.

8.1 The start line will be a line between the flagstaff on Pendennis Head flying an orange flag and the Black Rock Beacon, both the shoreline and Black rock have outlying reefs, competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart.

8.2. The starting signals RRS 26 will be modified. Starts will be at 10-minute intervals. A Warning signal will be made 10 minutes before each start. Preparatory signals will be made 5 minutes before each start

Signal	Flag and sound	Minutes before starting
Warning	Class flag up 1 sound	10
Preparatory	P flag up 1 sound	5
Starting	P&Class flag down 1 sound	0

8.3. Start times are as follows Code Q flag IRC classes (Q&F) 10.00 hours  
Code E flag PY classes (E&U) 10.10 hours

8.4 Any starting penalty signal displayed under RRS 30 will be removed one minute before the starting signal.

8.5 Times shall be taken from the visual signal the failure of a sound signal shall be disregarded. The countdown to each signal may be broadcast on channel 72. Failure to hear or receive this broadcast is not grounds for redress.

8.6 A boat starting later than 20 minutes after her starting signal will be scored "Did Not Start". This changes Rule A 4.1 and definitions.

9. **Finish Line.** This is on the Flushing Sailing Club transit situated on the roof of the clubhouse. The transit is a red triangle in front of a yellow Circle. The line of moorings denotes the outer distance.

10. **Time Limit.** This is 18.30. for all classes Rule 35 shall not apply.

11. **Protests.** A written protest shall be lodged with the race officer within (one) hour of the finish of the last qualifying boat. The protest will be heard as soon as possible.

12. **Scoring.** This will be as described in the COGS 2011 NOR, and FSC NOR as appropriate to those racing.

## 13. Safety Regulations.

All yachts shall comply with the special regulations in COGS NOR or FSC NOR. Open sports boats and boats with no cabin as specified in the FSC NOR should note that under Safety Requirements FSC NOR the race committee has agreed that it is at the discretion of the Race Officer whether these boats be permitted to race and can decide on the day, "L" flag will be flown and the respective boats informed by radio or by other means as soon as the decision is made. A boat that retires from a race shall notify

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the FSC organisers as soon as possible by the following means VHF channel 72 or VHF channel 16 or VHF channel M1 or to the club house on 01326 374043.

*Competitors not adhering to this procedure, following a hearing may receive a penalty.*

## 14. Harbour restrictions and requirements.

**14.1** After her preparatory signal no boat shall enter the prohibited areas. These areas are situated in the inner Falmouth harbour and are bounded by the outer moorings or boats moored thereon and are designated as continuous obstructions except for Caldy and Frigate buoys. A chart is available for inspection in the clubhouse. (See attached inner harbour chart)

**14.2** Warning regarding commercial shipping. When a pilot cutter or Harbour Masters launch is acting as an escort boat stationed approximately 100 metres or more ahead of a large vessel, no boat shall pass between the escort boat and the vessel she is escorting. In alteration of rule 64.1(a) the penalty for breaking this rule may be lesser or greater than disqualification

**14.3** Divers. In relation to dive craft or surface markers it is recommended that a racing boat maintain a distance of at least two boat lengths.

**15. General Recall** RRS 29.2 is modified in that the first substitute will remain displayed for four minutes and the recalled class will start five minutes after the last scheduled start. No sound signal will be made on the lowering of the first substitute

**16. Equipment and measurement checks.** A boat may be inspected at any time for compliance with the class rules and these sailing instructions. On the water a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

## 17. Prizes as listed in Cogs NOR and as follows

### COGS entries

IRC 1 <sup>st</sup>	The Formation Marine GRP trophy + glassware
2 <sup>nd</sup> and 3 <sup>rd</sup>	glassware according to numbers entered
PY 1 <sup>st</sup>	The Formation Marine GRP trophy + glassware
2 <sup>nd</sup> and 3 <sup>rd</sup>	glassware according to numbers entered
2 handed 1 <sup>st</sup>	glassware

### FSC entries only

IRC 1 <sup>st</sup>	Orzel Cup + glassware
2 <sup>nd</sup> and 3 <sup>rd</sup>	glassware according to numbers entered
PY E class 1 <sup>st</sup>	Robert Hitchens Trophy + glassware
U class 1 <sup>st</sup>	FSC Trophy + glassware
Sports Boats "F" class	FSC trophy + glassware

**18. Two-handed series** All boats enter the PY or IRC series. If a boat competes two handed and wishes to be included in the two handed series the race officer must be notified within 1 (one) hour of the finish time of the last qualifying boat.

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## Supplementary notices to competitors

**Sunday May 29<sup>th</sup> all crews are welcome at the club house where the bar will be open**

**FSC** The club house will be open from 15.30

**A main meal plus salads and desserts on the Quay or in the club house** will be available from 18.30 please telephone Tracey Bennett from Pennyfarthing Catering on 07779801399 to book meals to purchase in advance

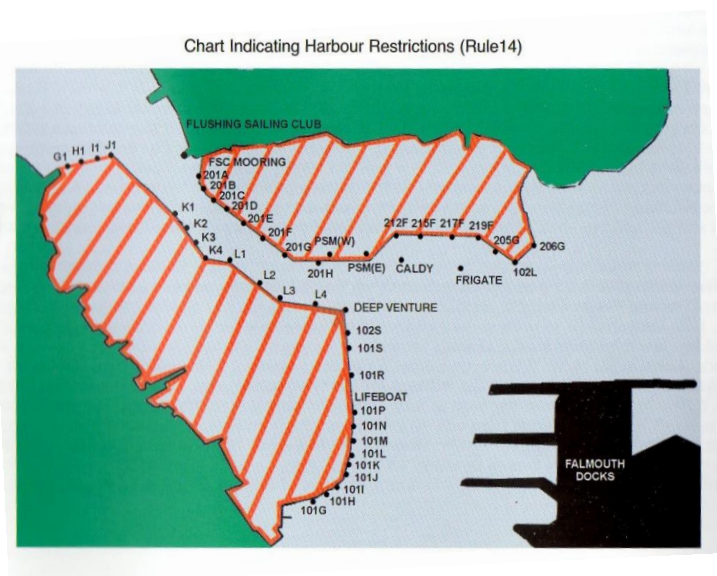
**Prize giving for all racing** This will be at FSC at 19.00 hours

**Launches** The RCYC launch will be available from 8.30am in the morning on the Falmouth side call sign "Club Launch" The FSC launch will be available from 15.30 until 22.00 in the evening call sign "FSC launch" serving both sides. Falmouth water Taxi will be running 9.00am - 10 30pm payment individual boats need to confirm contact is on channel 37 or 07522446659

**Moorings** Moorings are available in Falmouth Marina (01326 316620 or channel 80) the Yacht Haven (01326 312285 or channel 80) Port Pendennis Marina (01326 311113 or channel 80) The Harbour Master has visitors moorings (01326 312285 channel 12, 14 16) In the river at Flushing the Endeavour boats allow mooring alongside, this involves rafting up and being willing to move if they are busy.

**Facilities** There are also 2 good pubs serving meals in Flushing village, The Standard and The Seven Stars. All may need booking.

**Contact** Clubhouse 01326 374043 Flushing Sailing Club New Quay Flushing Cornwall TR11 5UZ



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**Amendment 1**  
**Issued 18<sup>th</sup> May 2011**  
**for**

**COGS and Flushing Sailing Club**  
**Formation Marine GRP**  
**Gull Rock Manacles Race**  
**29<sup>th</sup> May 2011 Sunday**

**The Two Castles Swimming Race is defined as a moving obstruction with boats flying RNLI burgees ahead, behind and to the side of swimmers forming a block.  
|No boat is to enter this obstruction.**

**Information**

The 2 castles swimming race commences at Pendennis headland at 15.00 hours on 29<sup>th</sup> May 2011 and travels across to St Mawes castle for some 500 swimmers in a block surrounded by boats flying RNLI burgees. Commercial shipping will be halted in the area probably from 15.00 hrs or the start of the race if different, for one hour. Contact for information can be made on the water through `Swim Control` Channel 72 is being used and can be monitored. An A4 sheet showing the planned movement of swimmers and boats will be available on the website and at the FSC club prior to racing.

**Kaye Price**  
**Race Officer Flushing Sailing Club**